NAVIGATING *health*

How We Navigate ADHD Assessments

Intake

- GP referral received and screened to ensure we can meet your needs
- Receive and complete intake form
- ADHD Assessment package booked
- Receive welcome pack and complete blood test if required

Initial Assessment

- Pre-assessment tests and tools completed
- Appointment 1: Initial assessment
- Diagnosis/further investigations if needed
- Care and treatment plan goals developed with patient

Report + Collaboration

- Assessments + all info reviewed by team for planning
- Appointment 2: To discuss report and extra info gathered
- Report info combined and report written
- Report proofread by team member and sent to client

Review + Service Access

- Appointment 3: Check-in and troubleshooting
- School/employment letter provided
- Report/medication questions answered
- Future needs identified and connections made

Maintenance Care

- Appointment 4: 4-8 weeks after initial appointment
- Medication adjustments and reviews as required 1-6 monthly
- Referral to other services if needed
- Feedback surveys and ongoing care tailored to you